



THE LEBANESE CENTER FOR PALLIATIVE CARE – BALSAM

المركز اللبناني للعناية
التلطيفية – بلسم

Annual Report - 2017

LETTER FROM THE DIRECTOR



Dear Friends and Supporters,

Welcome to our Annual Report of Activities for 2017 – our eighth year of operation!

As you will see, we have continued to see a steady increase in referral rates since we started our work. Last year we received 272 requests for care either as referrals from physicians in the community or from people reaching out to us directly. The number of referrals has nearly doubled over the past 3 years. The increase in the demand for our services is not unexpected. As more people experience the benefits of palliative care, the number of people seeking this approach to care is bound to increase.

This past year was the first year we were unfortunately not able to attend to all requests for care. The demand is beginning to exceed the capacity of our small team and our numbers clearly reflect the need for continued growth and expansion. However, our limited resources have restricted our ability to grow our team and expand our reach.

We remain committed to insuring that our services are accessible to patients regardless of their ability to pay, and we continue to provide our services free of charge. This coming year, a major part of our efforts will be on finding long term solutions to sustainability and growth.

We would like to thank each and every one of our sponsors, donors and friends for their continued support. Your contributions to this effort are invaluable. Our work would not be possible without your generosity!

I would also like to thank the many volunteers who have contributed to our efforts by providing administrative, creative, practical or intellectual support. Specifically I would like to thank Maureen Ali for all the work that she puts into our quarterly newsletter; Raghida Bukhalid and Jim Muir for their contribution to producing this report of activities; and Colorcode for their design support on this document and everything else we have published or printed since 2015.

Sincerely,

Hibah Osman, MD, MPH
Executive and Medical Director
April 8, 2018



**MISSION
VISION**

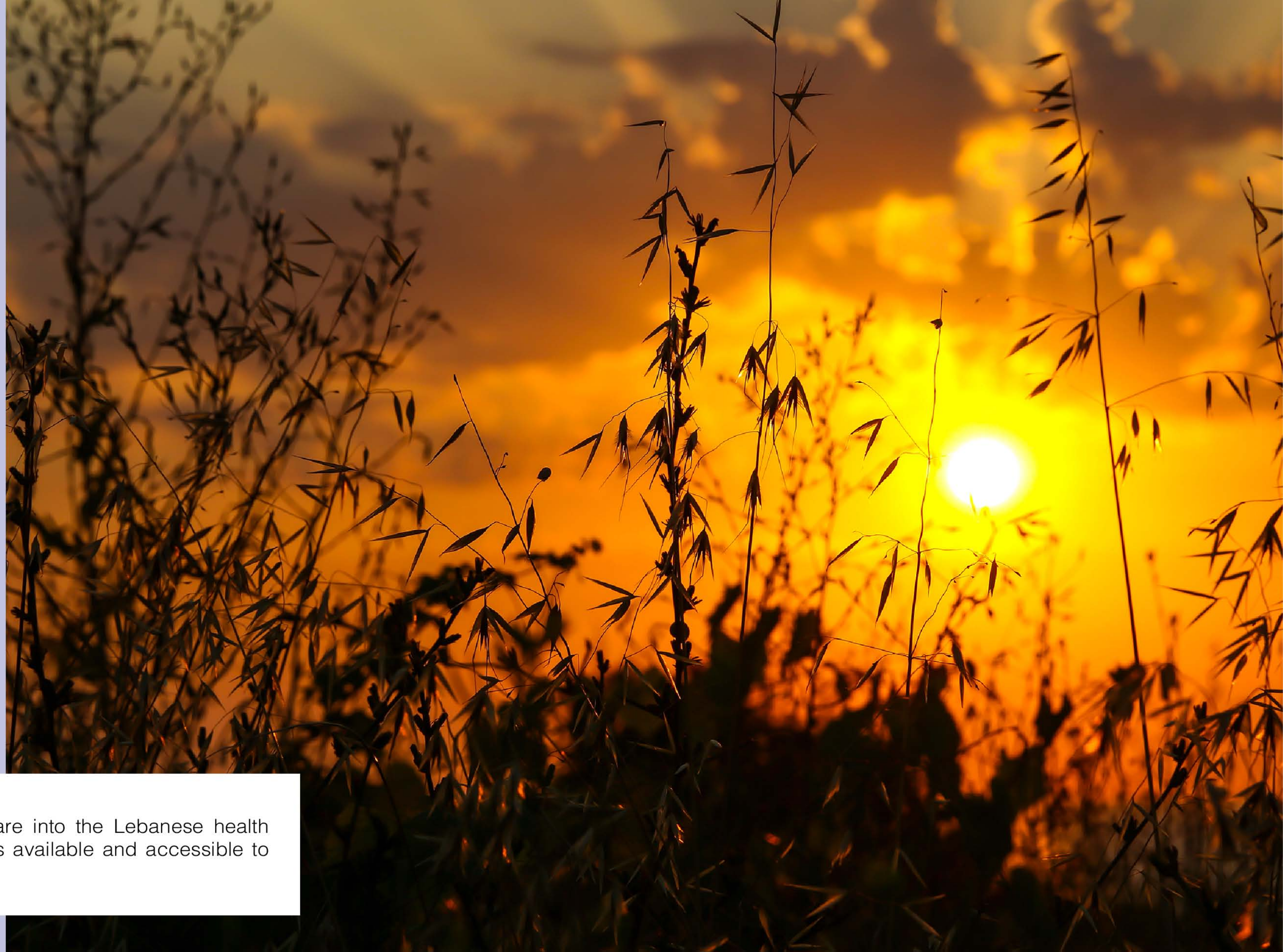
OUR MISSION



The Lebanese Center for Palliative care- Balsam is a non governmental organization that aims to relieve suffering and improve the quality of life patients with serious illness through patient care, advocacy, capacity building and research.

OUR VISION

To integrate palliative care into the Lebanese health system to insure that it is available and accessible to anyone who needs it.

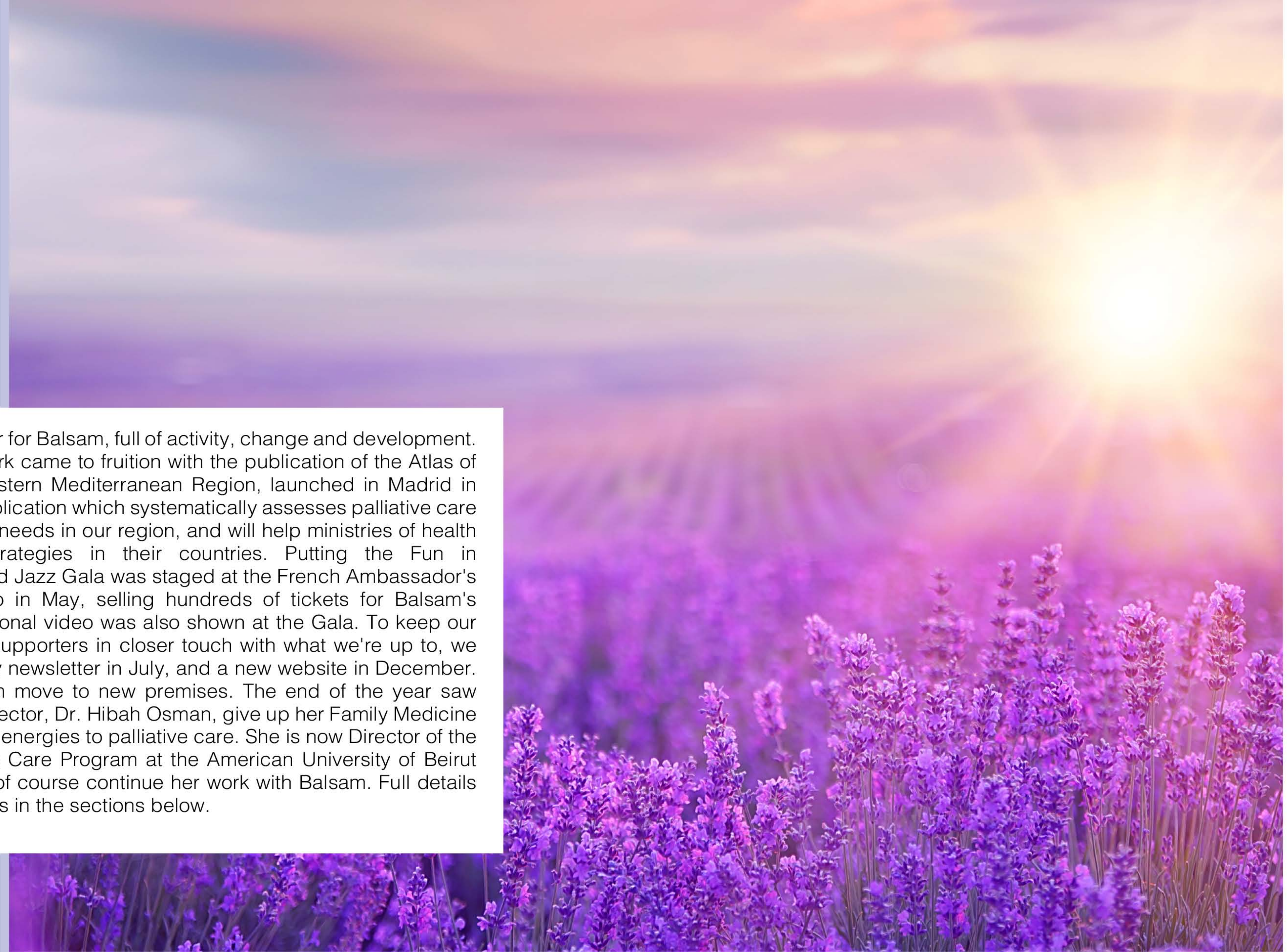




HIGHLIGHTS OF THE YEAR

HIGHLIGHTS OF THE YEAR

2017 was an exciting year for Balsam, full of activity, change and development. Several years of hard work came to fruition with the publication of the Atlas of Palliative Care in the Eastern Mediterranean Region, launched in Madrid in May. It's the first-ever publication which systematically assesses palliative care resources, activities and needs in our region, and will help ministries of health develop appropriate strategies in their countries. Putting the Fun in Fundraising, our Big Band Jazz Gala was staged at the French Ambassador's gracious residence, also in May, selling hundreds of tickets for Balsam's benefit. Our new promotional video was also shown at the Gala. To keep our stakeholders and other supporters in closer touch with what we're up to, we launched a new quarterly newsletter in July, and a new website in December. Late August saw Balsam move to new premises. The end of the year saw Balsam's founder and director, Dr. Hibah Osman, give up her Family Medicine practice to devote all her energies to palliative care. She is now Director of the Palliative and Supportive Care Program at the American University of Beirut Medical Center, but will of course continue her work with Balsam. Full details on all these developments in the sections below.





OUR TEAM

OUR TEAM

Missing: **Dania Ghaziri** Clinical Pharmacist



1st Row from left to right

Chadia Fayad
Nurse

Roula Doughan
Operations Coordinator

Hibah Osman
Medical & Executive Director

Janane Hanna
Nurse

Rebecca El Asmar
Nurse

2nd Row from left to right

Hiba Makke
Social Worker

Joe El Khoury
Physician

Alia El Tabsh
Nurse

Karim Farah
Physician

Micheal Khoury
Psychologist

Aline Zakhem
Physician

Khulud Khalil
Administrator & Triage Nurse

New additions to the team



Dr. Joe El Khoury

Joined the Balsam team in July 2017. Joe is a graduate of USJ School of Medicine and a resident in Family Medicine at Hôtel-Dieu de France Hospital. His interest in palliative care came out of his experience with patients. He was impressed with how powerful the palliative approach can be and how underutilized it remains. He is particularly interested in providing care and support not only to patients but also to their families who live through the different stages of the illness of their loved one and have to deal with loss and grief.

Dr. Khoury has pursued palliative care training in Lebanon and abroad including clinical experiences at OhioHealth in Columbus, Ohio, and Necker-Enfants Malade Hospital in Lyon France. He is currently pursuing certification in Palliative Care at University Claude Bernard in Lyon. He is committed to developing palliative care both in hospital and home settings and he strongly believes in the importance of integrating palliative care in the health systems of Lebanon and the region.



Khulud Khalil

Joined Balsam in September 2017. She holds a Bachelor in Nursing Sciences from the Lebanese University and worked as a Registered Nurse at the American University of Beirut Medical Center in the Inpatient Psychiatry unit for three years. She later moved to the UK where she volunteered as a full time Communication Officer in a London based organization for two years. Her experience as a nurse and strong sense of advocacy for those in need lead her to Balsam. Khulud's background and experience make her a great addition to the team. She is our new Triage Nurse and also handles multiple administrative functions.



**PATIENT
CARE**

WHAT WE DO



Balsam supports patients with serious illnesses and their families by helping prevent and relieve suffering, and maintain the best possible quality of life despite their illness. We help patients make informed decisions about their medical care, in accordance with their own values and beliefs. Our holistic and interdisciplinary approach includes medical services as well as psychological, social, practical and spiritual support within the family and home environment.

We accept self-referrals as well as referrals from local physicians. Once a patient is evaluated and accepted into our care, a specially-tailored care plan is developed by our interdisciplinary team. Balsam care usually includes regular home visits by one of our palliative care nurses, who assesses and manages the patient's symptoms and supports the family, under the supervision of our team of physicians. The frequency of nurse visits depends on the needs of the patients and may vary during the course of the illness. We are accessible and available to our patients around the clock for emergencies. Our clinical psychologist and clinical pharmacist offer support to the nurses and physicians on the team, to provide optimal care. Our social worker provides additional support to patients and families based on their psychosocial needs. The team supports patients if they are hospitalized, and management is coordinated with the patient's primary treating physician. If a patient passes away, the Balsam team continues to support the family through the bereavement period for at least one year.

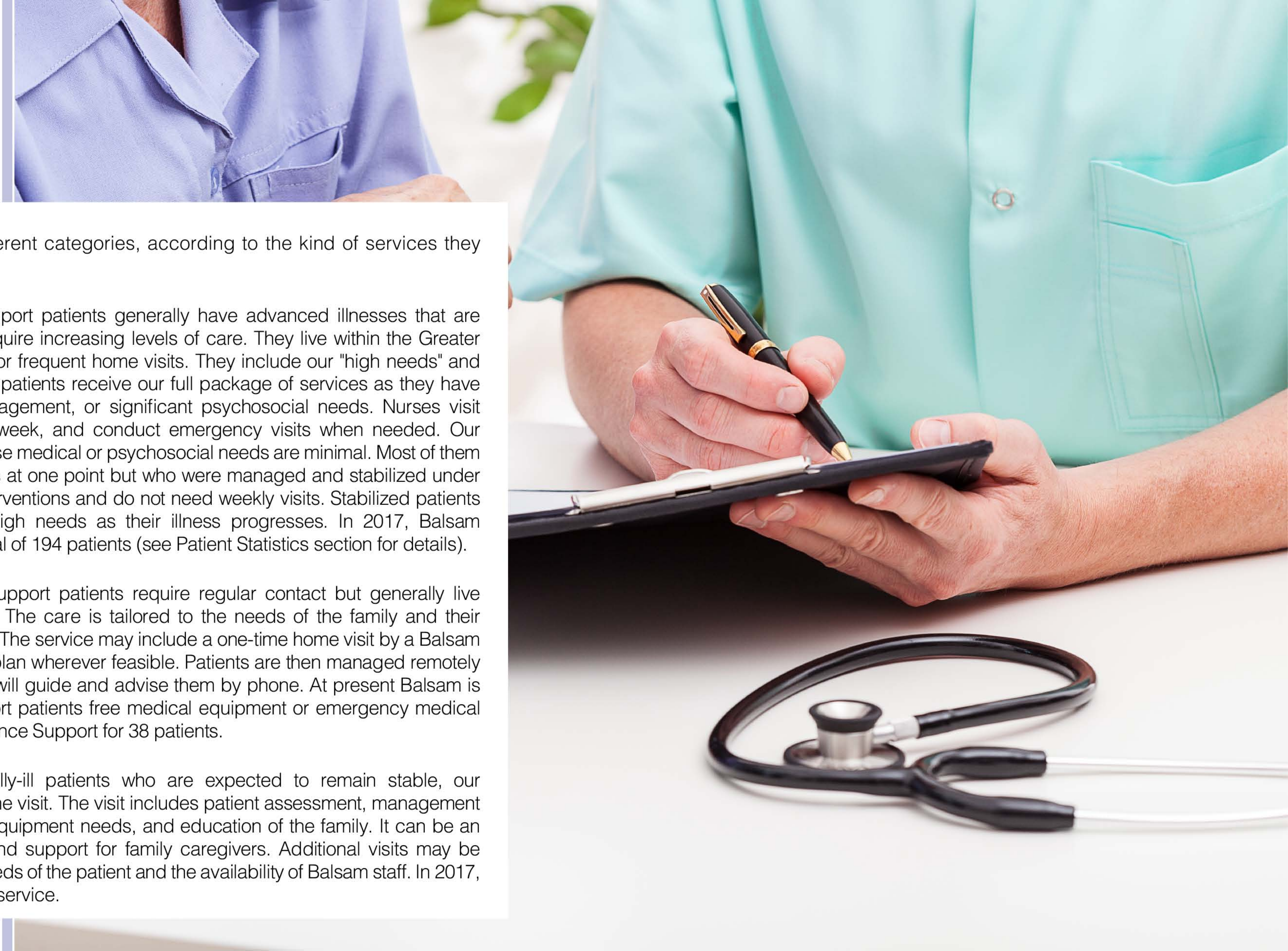
WHO WE HELP AND HOW

Our patients fall into three different categories, according to the kind of services they receive.

Regular Support: Regular support patients generally have advanced illnesses that are progressive and expected to require increasing levels of care. They live within the Greater Beirut area and are accessible for frequent home visits. They include our "high needs" and "stabilized" patients. High-needs patients receive our full package of services as they have active symptoms requiring management, or significant psychosocial needs. Nurses visit these patients at least once a week, and conduct emergency visits when needed. Our stabilized patients are those whose medical or psychosocial needs are minimal. Most of them are patients who had high needs at one point but who were managed and stabilized under our care. They require fewer interventions and do not need weekly visits. Stabilized patients may deteriorate and develop high needs as their illness progresses. In 2017, Balsam provided regular support to a total of 194 patients (see Patient Statistics section for details).

Distance Support: Distance support patients require regular contact but generally live outside the Greater Beirut area. The care is tailored to the needs of the family and their accessibility to the Balsam team. The service may include a one-time home visit by a Balsam physician or nurse to set a care plan wherever feasible. Patients are then managed remotely by a clinical team member who will guide and advise them by phone. At present Balsam is not able to offer Distance Support patients free medical equipment or emergency medical visits. In 2017, we provided Distance Support for 38 patients.

One-time visits: For chronically-ill patients who are expected to remain stable, our intervention might include only one visit. The visit includes patient assessment, management of medications, assessment of equipment needs, and education of the family. It can be an important source of guidance and support for family caregivers. Additional visits may be scheduled, depending on the needs of the patient and the availability of Balsam staff. In 2017, nine families benefitted from this service.



CAPACITY BUILDING

As part of our efforts to spread awareness and knowledge by providing palliative care training to medical professionals in Lebanon and the region, here are some of the activities Balsam team members were engaged in during 2017:



Doctors and nurses from five major Lebanese hospitals and two home care organizations attended two palliative care courses offered by Balsam, with **Dr. Frank Ferris** as guest faculty. The **Introduction to Palliative Care** and **Advanced Palliative Care** courses, running through five days in March, were multidisciplinary and targeted physicians, nurses, social workers, and mental health experts. Course participants came from the Rizk Hospital - LAUMC, Clemenceau Medical Center, Hôtel Dieu de France, Trad Hospital, Hayek Hospital, as well as Balsam and Sanad. At the end of the course, there was a "blessing of hands ceremony" where the participants joined our community of health workers who are working to ease the suffering of patients and their families.

Also in March, Janane Hanna, Rebecca El Asmar, and Dr. Osman contributed to a one day workshop on **Pain Management and Palliative Care** organized by Dr. Haifa Dbouk at the **Nabih Berri Governmental University Hospital in Nabatieh**. The workshop included presentations on pain management, symptom management, and the legal and clinical implications of a "Do not resuscitate order" and targeted oncologists and oncology nurses practicing in the South.

Balsam's clinical nurse specialists, Janane Hanna and Rebecca El Asmar, moderated the nursing panel sessions at **the Lebanese Society of Medical Oncology's 14th National Forum** which was held in April in collaboration with the **Order of Nurses in Lebanon**. Janane also made a very enlightening presentation on pain misconceptions that we often encounter in our hospitals and communities.

CAPACITY BUILDING

Rebecca El-Asmar, Dr Michael Khoury and Dr Hibah Osman all took part in a training workshop on **"Basics in Palliative and End-of-Life Care"** at the American University of Beirut in September. This event was open to all healthcare professionals in Lebanon and the region, including nurses, social workers and physicians. Rebecca gave a talk on Symptom Assessment and Management, Dr. Khoury on Dignity in Palliative and End-of-Life Care, and Dr. Osman gave one session on Pain Assessment and Pharmacological Pain Management, and another on Ethical and Legal Issues: Goals of Care and Advance Care Planning. The workshop was organised by the AUB's Rafic Hariri School of Nursing in collaboration with the Lebanese Ministry of Public Health, the Continuing Medical Education Office at AUBMC, and the AUB Medical Center's Nursing Services Clinical and Professional Development Center.



Dr. Hibah Osman and Dr. Joe El Khoury were also in **Fez, Morocco** in September contributing to teaching at the **2nd International Palliative Care Workshop**. The four-day workshop, led by **Dr. Frank Ferris**, was attended by about 80 clinical and radiation oncologists from all over Morocco. It was part of our effort to help build capacity in palliative care in the region. The course was very well received by participants many of whom reported that what they learned will help them make positive change to their current medical practice. Drs. Osman and El Khoury were very excited to establish new connections and to build relationships with colleagues who are doing excellent work in Morocco, and to support them as they develop and build palliative care programs in their country. The workshop was sponsored by the **American Society of Clinical Oncology (ASCO)** and hosted by the **Department of Medical Oncology at Hassan II University Hospital**.

Janane Hanna also gave a talk to 3rd year **AUB nursing students** about insight into palliative care. The session was attended by 50 students. It was very interactive and shed light on palliative care, its benefits, and our wishes and decisions as individuals when faced with a life-threatening illness.

CAPACITY BUILDING

Dr. Osman and Rebecca El Asmar were invited to address students on the **AUB's Interprofessional Education Course (IPE)** in November to describe how the Balsam team works together as an example of collaborative practice. The course brings together students from medicine, nursing and public health to learn the necessary skills for interprofessional practice in cases where it is critical.

Dr. Aline Zakhem continues to teach the Palliative Care module of the **Physicians, Patients and Society II** course for second-year medical students at the American University of Beirut for the second year running. Students were exposed to the palliative care approach to patients with serious illness and their families. They were introduced to strategies that will help them provide patient-centered care, and to learn how to play a supportive role as physicians even when there is no hope of cure. Each group had the chance to meet a caregiver from the family of a Balsam patient who volunteered to share their experience with Balsam. The course, designed four years ago by Dr. Osman, has become a requirement for all second-year AUB medical students who have described it as "transformational".



In November and December, the Balsam team hosted senior **Family Medicine residents** from the **LAU Gilbert and Rose-Marie Chagoury School of Medicine** at the Lebanese American University (LAU) as part of their Community Medicine rotation. The observership included home visits and attendance of Interdisciplinary Team Meetings, case presentations and educational discussions. This is the first time that Balsam serves as an official training site for physicians in training and the experience was extremely positive.

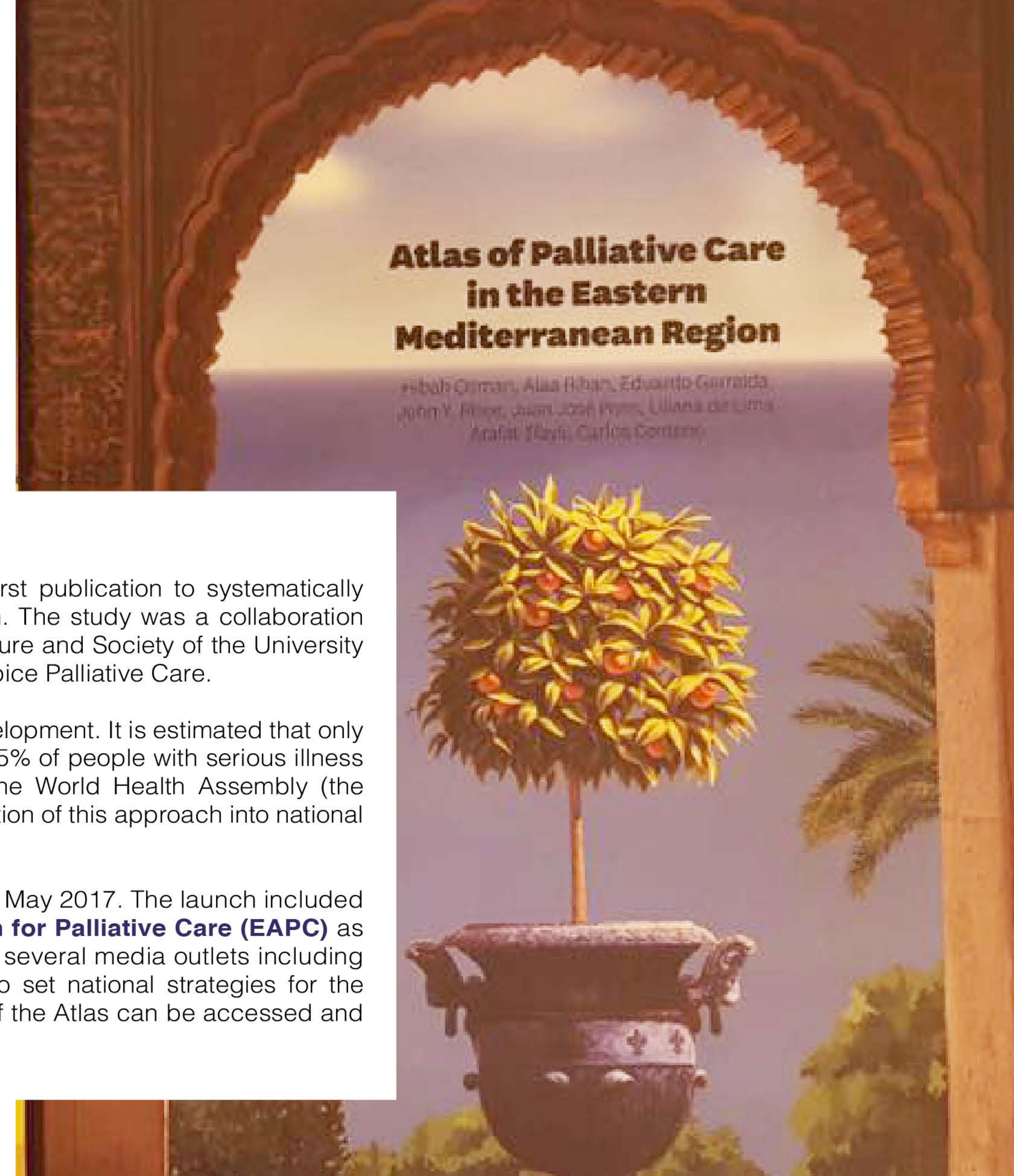
The **St. Georges Hospital in Hadath** is the primary oncology center for Al Rassoul Al Aazam Hospital. Dr. Osman was invited by oncologist Dr. Hiba Mukaddem to contribute to the educational activities of the oncology nursing staff by giving them a session on palliative care in on December 23rd.



Dr. Joe El Khoury attended a palliative care course at **Université Claude Bernard Lyon 1**, followed by a week of bedside training at the **Necker-Enfants Malades Hôpital Universitaire** in Lyon, France. The course will lead to a **Palliative Care Diploma (DU)** which he hopes to complete in 2018.



■ RESEARCH



The Atlas of Palliative Care in the Eastern Mediterranean Region

The Atlas of Palliative Care in the Eastern Mediterranean Region is the first publication to systematically assess the resources, activities, and needs for palliative care in the region. The study was a collaboration between Balsam and the ATLANTES Research Team at the Institute for Culture and Society of the University of Navarra in Spain, with the support of the International Association for Hospice Palliative Care.

In the Eastern Mediterranean, palliative care is still at the early stages of development. It is estimated that only about 5 percent of those who need this care are receiving it meaning that 95% of people with serious illness are suffering needlessly. Recognizing the importance of palliative care the World Health Assembly (the governing body of the UN's World Health Organisation) called for the integration of this approach into national health systems in May 2014.

After nearly three years of preparation, the Atlas was launched in Madrid in May 2017. The launch included presentations at **the 15th World Congress of the European Association for Palliative Care (EAPC)** as well as a press conference that resulted in coverage of the publication on several media outlets including **Al Jazeera**. The Atlas will be an invaluable tool for Ministries of Health to set national strategies for the development of palliative care in their respective countries. A PDF version of the Atlas can be accessed and downloaded at <http://dadun.unav.edu/handle/10171/43303>



ADVOCACY & OUTREACH

ADVOCACY & OUTREACH

Balsam's efforts to promote palliative care remain necessary at all levels: in the community, among healthcare providers, and at the policy level. Interest in palliative care has clearly grown since we started our work in 2010. But we are still far from achieving a culture and healthcare system that meet the needs of people with serious and advanced illnesses. We aim to increase awareness of the philosophy and practice of palliative care through traditional and social media and community outreach. Here are some of Balsam's advocacy activities in 2017.



ADVOCACY & OUTREACH



In February, Dr Hibah Osman appeared on the **BBC Arabic TV program Dunyana** to discuss palliative care along with 2 women physician leaders from the Region. Dr. Osman was joined by **Dr. Nahla Gafer** from Sudan and **Dr. Henda Rais** from Tunisia to discuss misconceptions about palliative care and their efforts to develop palliative care in the region.



In an interview of **Future TV's Alam el Sabah** program in May, clinical nurse specialist Janane Hanna talked about the important role that nurses play in alleviating patient and family suffering, through their dedication to their profession, backed by a multidisciplinary team. Janane also appeared on **al-Hurra TV** in October featuring the story of Nivine and

Ahmad, the inspirational parents of Fatima, who movingly described how palliative care impacted their lives and the life of their daughter



As part of the international Hospice and Palliative Care Month in November, Balsam's clinical psychologist **Dr. Michael Khoury** and nurse **Rebecca El-Asmar** appeared on **MTV LIVE** to discuss the importance of palliative care and correct misconceptions about it.



Al-Akhbar also published an article on palliative care to mark the month, and Khulud Khalil published weekly posts on Balsam's social media aimed at clarifying misconceptions about palliative care.



Dr. Osman contributed to an educational video on palliative care produced by **Foundation for Advocacy Care and Education for Cancer (FACE Cancer)** an organization that aims to provide quality, multi-format cancer related educational materials which meet the need of Arabic-speaking patients and their families. For more information visit:

https://www.facebook.com/pg/FACEcancer.org/about/?ref=page_internal



guidance

New Website and Social Media Update

Social Media is increasingly becoming a valuable source of information. The presence of Balsam on social media platforms serves to facilitate access to palliative care knowledge and services. One of Khulud Khalil's contributions has been to increase our activity on social media in an effort to increase our engagement with the community, keep our stakeholders updated about our activities and increase palliative care awareness. You can find us on:

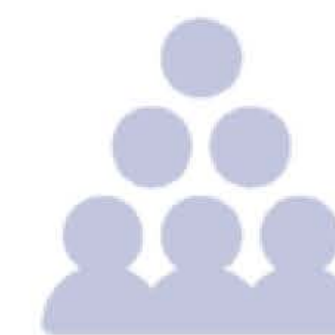
Facebook: Balsam - The Lebanese Center for Palliative Care

YouTube: BalsamLCPC

Twitter: @BalsamLCPC

Balsam also launched its new website in December. The website was built with design support from Polypod and technical support from the team at Beirut Digital District (BDD). This project was led by Maria Bashur Abunnasr who updated the format and content to make our website more clear and user friendly.

Visit us at www.balsam-lb.org



How Can
Balsam Help?



B A L S A M Q U A R T E R L Y

September - December 2017

Newsletter

Balsam launched the first edition of its quarterly E-newsletter in July 2017. The aim of this initiative is to improve communication with our supporters, to share Balsam's activities and accomplishments and bring stakeholders closer to the work that we do every day. The newsletter was conceived in collaboration with Balsam supporter **Maureen Ali** who continues to volunteer her time as writer. To subscribe, visit the Balsam website and select "Newsletter" under the **Resources** tab.

Support · Care · Guidance

عناية · احتضان · إرشاد



SoUK.LB

Balsam was selected as one of seven growth-stage social enterprises that will receive support from the SoUK.LB - Social Enterprise Hub initiated by the British Embassy of Beirut. SoUK.LB aspires to strengthen and promote the social enterprise sector by offering support to scalable enterprises that seek to create transformational social or environmental change for the benefit of society. In addition to grant support, Balsam team members benefited from training activities, consultation with world-class mentors, business investors and successful entrepreneurs. As a SoUK.LB participant Balsam attended an award ceremony held by HE Hugh Shorter, British Ambassador to Lebanon.



Our New Movie!

The new Balsam film had its premiere before the audience at the Big Band Jazz Gala evening (see below). The 2-minute animation gives a clear and simple explanation of what palliative care means to patients and families, and describes Balsam's role in soothing the suffering associated with serious illness. It aims to raise awareness regarding the barriers to providing palliative care in Lebanon and Balsam's efforts towards integrating palliative care into the health system. The movie was a joint collaboration between a talented and passionate team of volunteers that included Rudy Kamel, Toni Oyry, Ingrid Hage, Elsa Saade, Michelle Keserwany and Noel Keserwany. Andreases Zachariou, Lea Zar, and Mary Mrad contributed to the animation; Karim Kneissser provided the music; and Isabelle Keserwani contributed to the script. You can watch it at <https://www.youtube.com/watch?v=tqqhABn3jhM>



■ FUNDRAISING

FUNDRAISING



The Big Band Jazz Gala

Balsam threw its third gala event "Big Band Jazz" on the 15th of May at the beautiful Residence des Pins, generously offered for the occasion by French Ambassador Emmanuel Bonne. The lively evening was attended by around 550 guests and featured the Big Band Jazz Orchestra of the Lebanese Conservatory under the leadership of conductor Serghei Balun.

In all, 410 tickets were sold. The funds raised will help sustain our effort to insure that people live as comfortably as they can while coping with advanced illness, and that families are able to function when confronted with the suffering of their loved ones. Balsam would like to thank its sponsors and all those who bought tickets and who attended the concert. Special thanks to His Excellency Emmanuel Bonne, the Big Band Jazz Orchestra, and Roula Doughan and Ali Skelton for organizing such a wonderful event!



FUNDRAISING



Loompaland!

This summer Balsam took part in an initiative with **Beyond Learning**, the educational management and youth leadership consultancy group dedicated to inspiring and motivating productive positive change in both individuals and organizations. **Roula Doughan** and **Hiba Makke** joined kids aged 4-11 at Loompaland, the **Beyond Learning** summer camp. They participated in the Pay It Forward (PIF) exercise in which kids engage in a fundraising activity to pay back to their community. The Balsam team explained to the children what we do to support and care for patients. Afterwards, the children prepared care tokens (play dough models symbolizing care) and sold them to their parents and relatives raising \$3,371 for Balsam. Beyond Learning's **Hammad Soufi** gave the donations to Balsam's **Roula Doughan** during Loompaland's closing ceremony on August 3rd. This is the second collaborative initiative between Balsam and Beyond Learning.



FUNDRAISING



IC Alumni DC Chapter Iftar

The Washington DC Chapter of the International College Alumni Association hosted **Dr. Osman** at their Iftar on June 22nd. The evening was a lovely gathering of old friends and colleagues and **Dr. Osman** had the opportunity to tell them about Balsam and our efforts to develop palliative care in Lebanon. Proceeds from the dinner were donated to Balsam in support of operational activities.



Hala Matta Ceramics

Local ceramicist **Hala Matta** participated in the **Beirut Design Fair** held September 20th – 24th where she exhibited her beautiful handmade ceramics. She generously donated a percentage of the sales to Balsam to support our efforts. Her art work was very well received and the exhibit was a great success.



In December, **Choc d'Amour** organized a Christmas exhibition at their Awkar shop and donated part of the proceeds to Balsam.



Casamarka

Casamarka, an e-commerce website featuring brand name items at discount prices, was launched in December 2017. In an effort to give back to their community, **Casamarka's Hala Aoun Harb** and **Nadine Aoun** decided to adopt Balsam and support our work. Visit their website at www.casamarca.com



Act For Lebanon

We are delighted to announce that our Lebanese-American supporters can now make tax-exempt donations to Balsam through our partnership with Act for Lebanon. Simply visit their website to make a donation using PayPal or by credit card: <http://www.actforlebanonusa.org/donate-balsam-palliative-care/>

■ OTHER NEWS



Move to new office

Monday the 16th of October marked Balsam's Open House event celebrating the move to a new office. Guests enjoyed a guided office tour, got to meet Balsam team and board members and exchange some heartwarming conversations. The new premises feature furniture designed by Joe Lahdou. Additional furniture was donated by Therese Cregan and Juan Santander. The doors to the new office opened on August 30. We are now located in the Nawfal Building, Sourati Street (opposite the Lion's Building). Balsam would like to thank everyone who helped make this a smooth and successful transition.



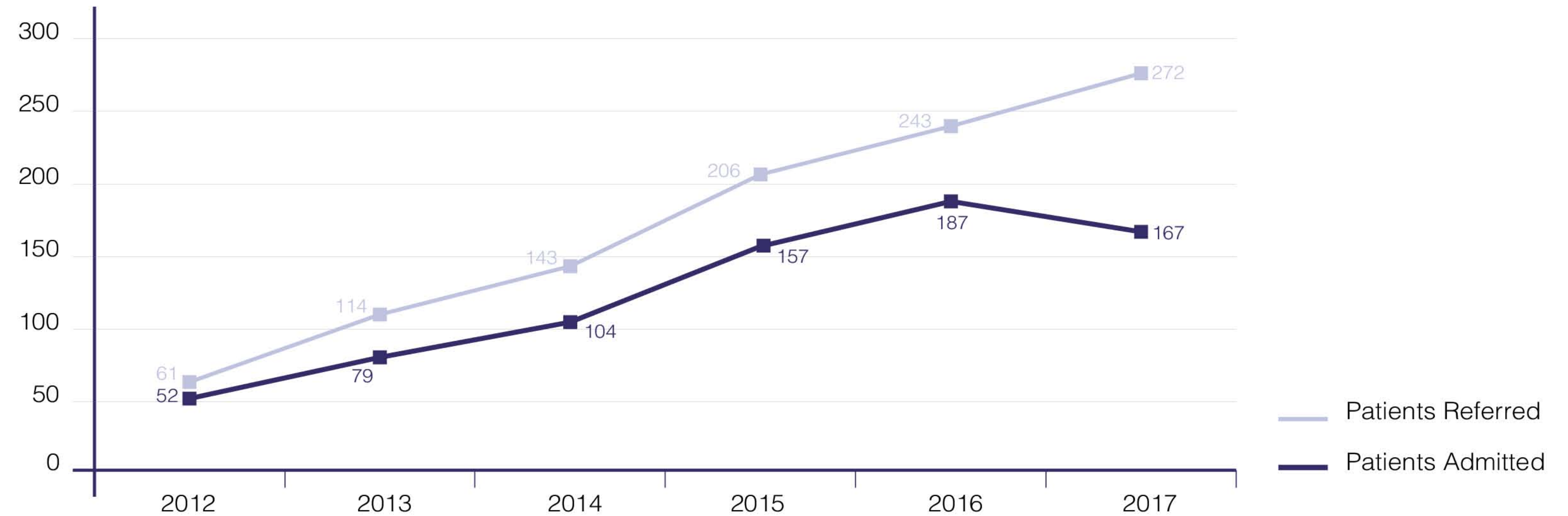
Dr. Osman's exciting new position at AUB

Dr. Hibah Osman assumed the role of Director of Palliative Medicine at the Naef K. Basile Cancer Institute at the American University of Beirut Medical Center (AUBMC) in November 2017 with a brief to lead the growth and expansion of the Palliative Care Program. The growth and success of palliative care at AUBMC will undoubtedly contribute to the advancement of palliative care in Lebanon and the wider region which is in line with our mission at Balsam.

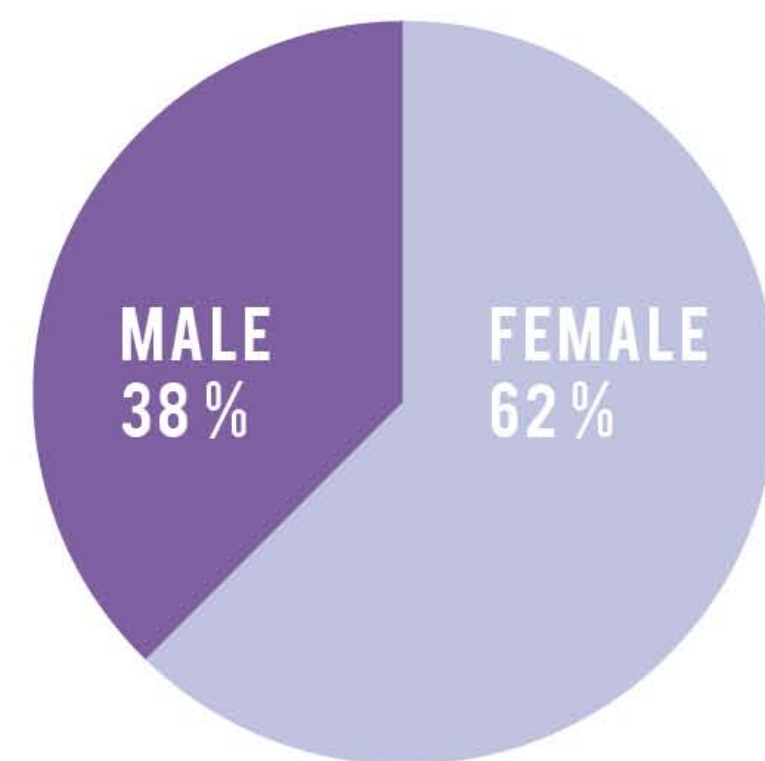


FACTS & FIGURES

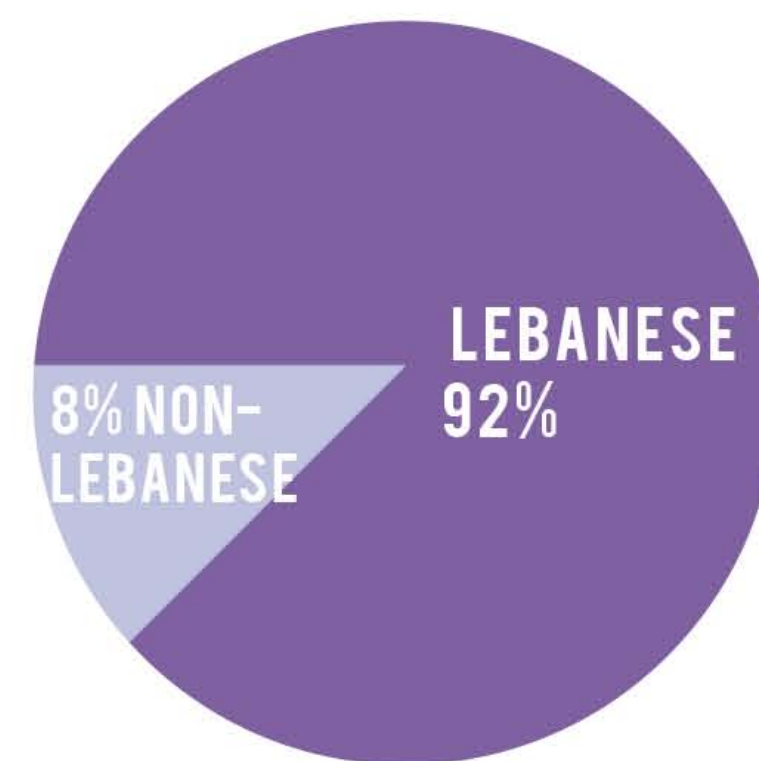
Admitted and Referred Patient Trends (2012 - 2017)



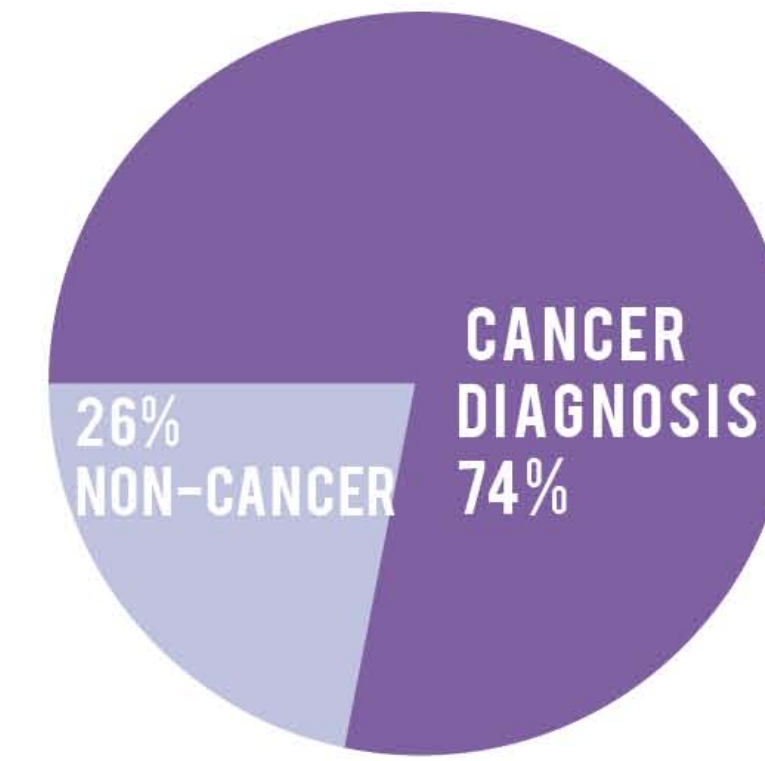
Demographic Characteristics (2017):



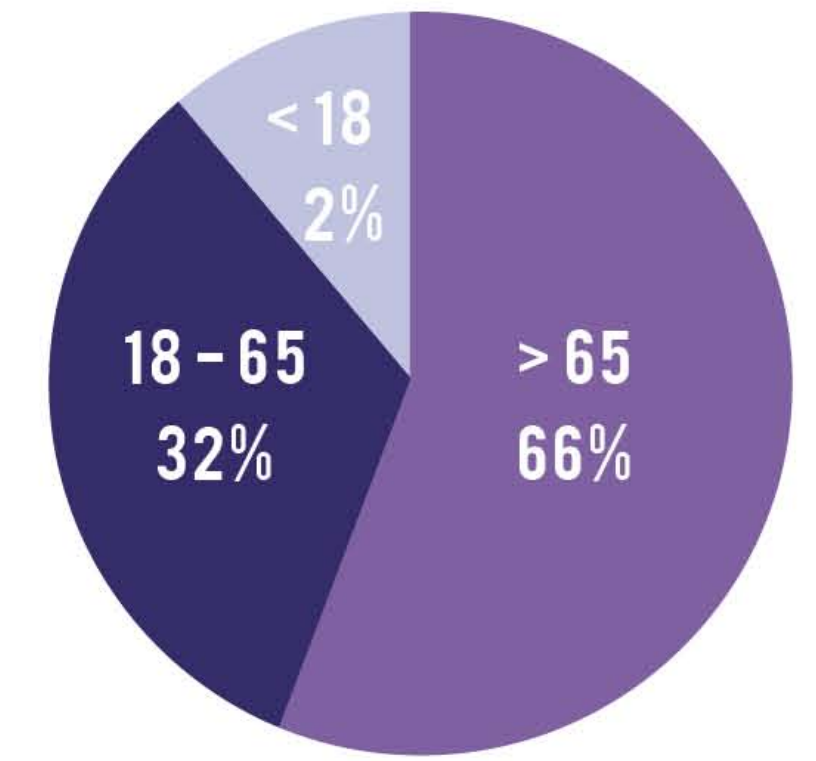
Gender



Nationality

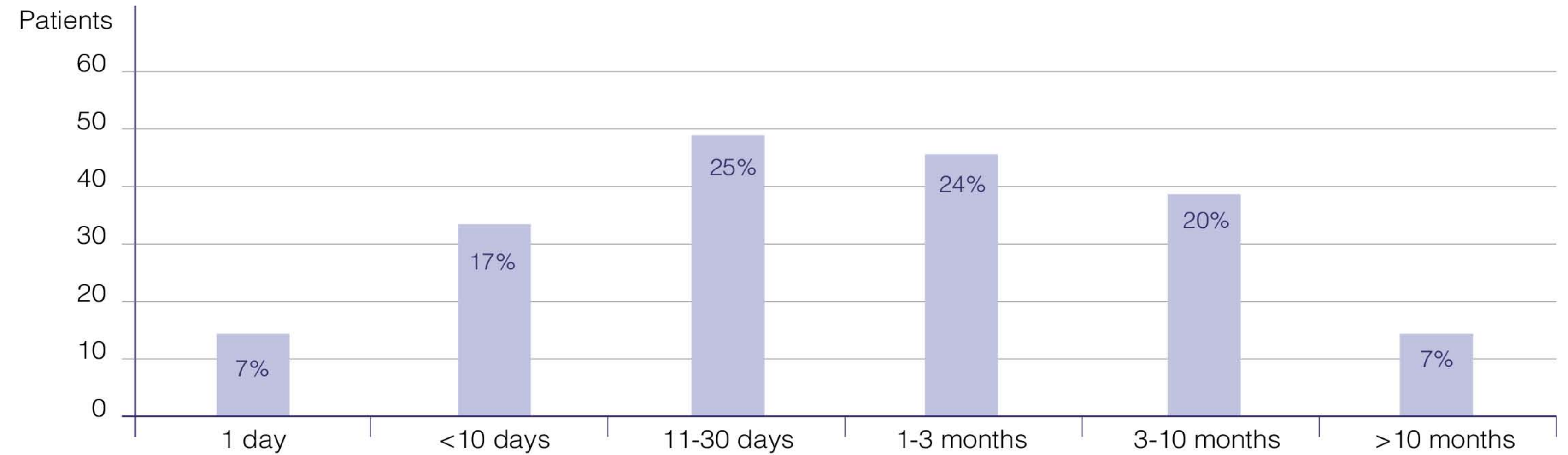


Diagnosis



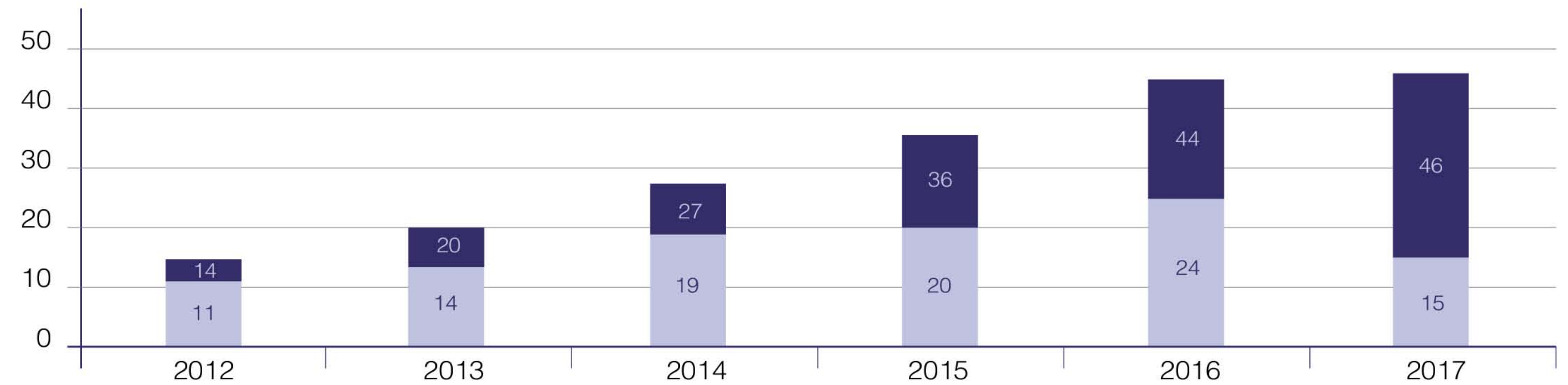
Age

Days in Care for Patients (2017)



Number of Physicians Referring Patients to Balsam (2012 - 2017)

Cumulative number of physicians



■ New per year

Number of patients referred annually (2014 - 2017)

* Includes patients carried over from previous year

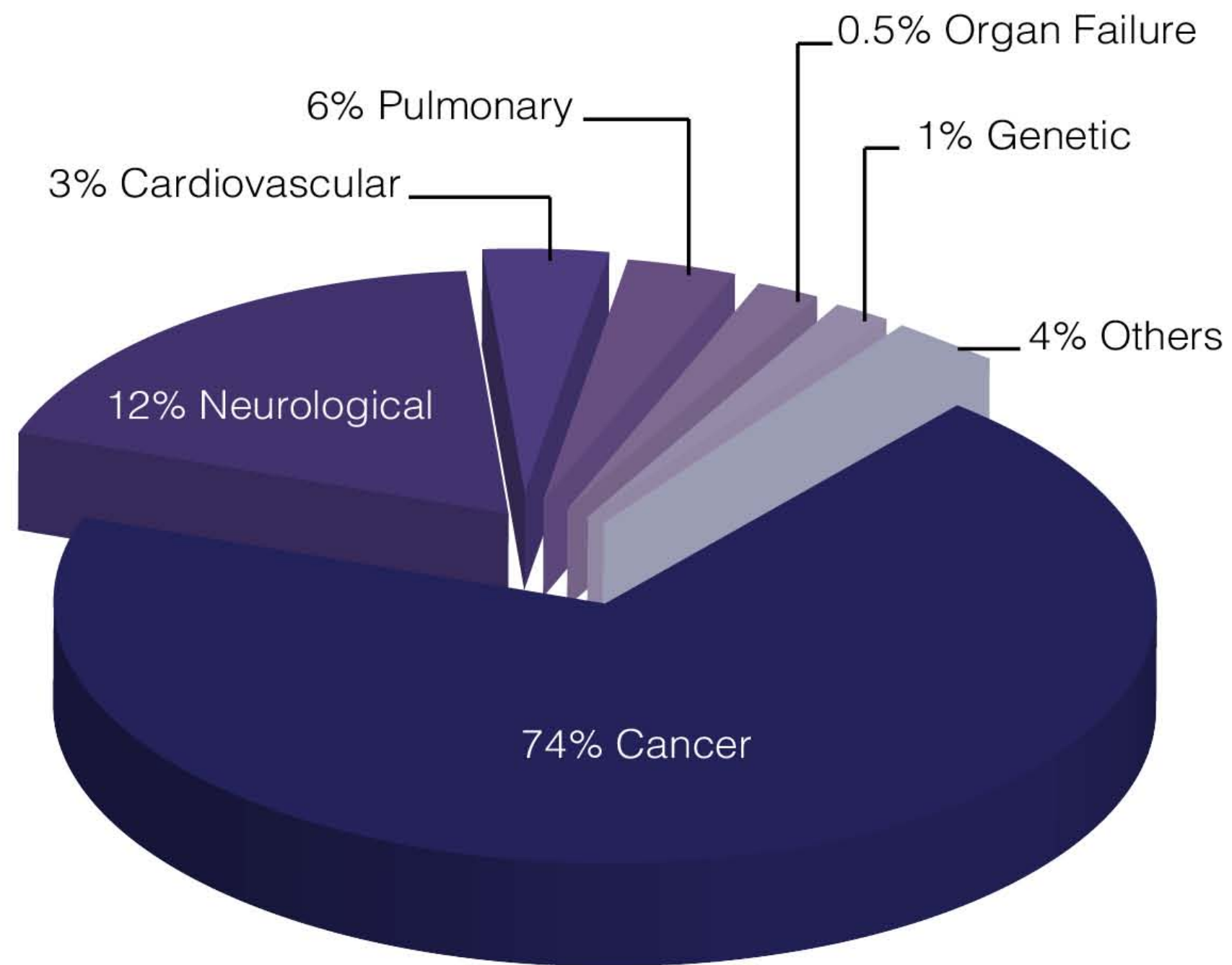
** Patients who are assessed not to need palliative care

*** Patients who live outside Greater Beirut Area and receive Distance Support

Years	2012		2013		2014	
Admitted	52	57 reg support	79	88 reg support	104	100 reg support
						9 One time visit **
Not Admitted	9		35		39	
Total	66		123		148	

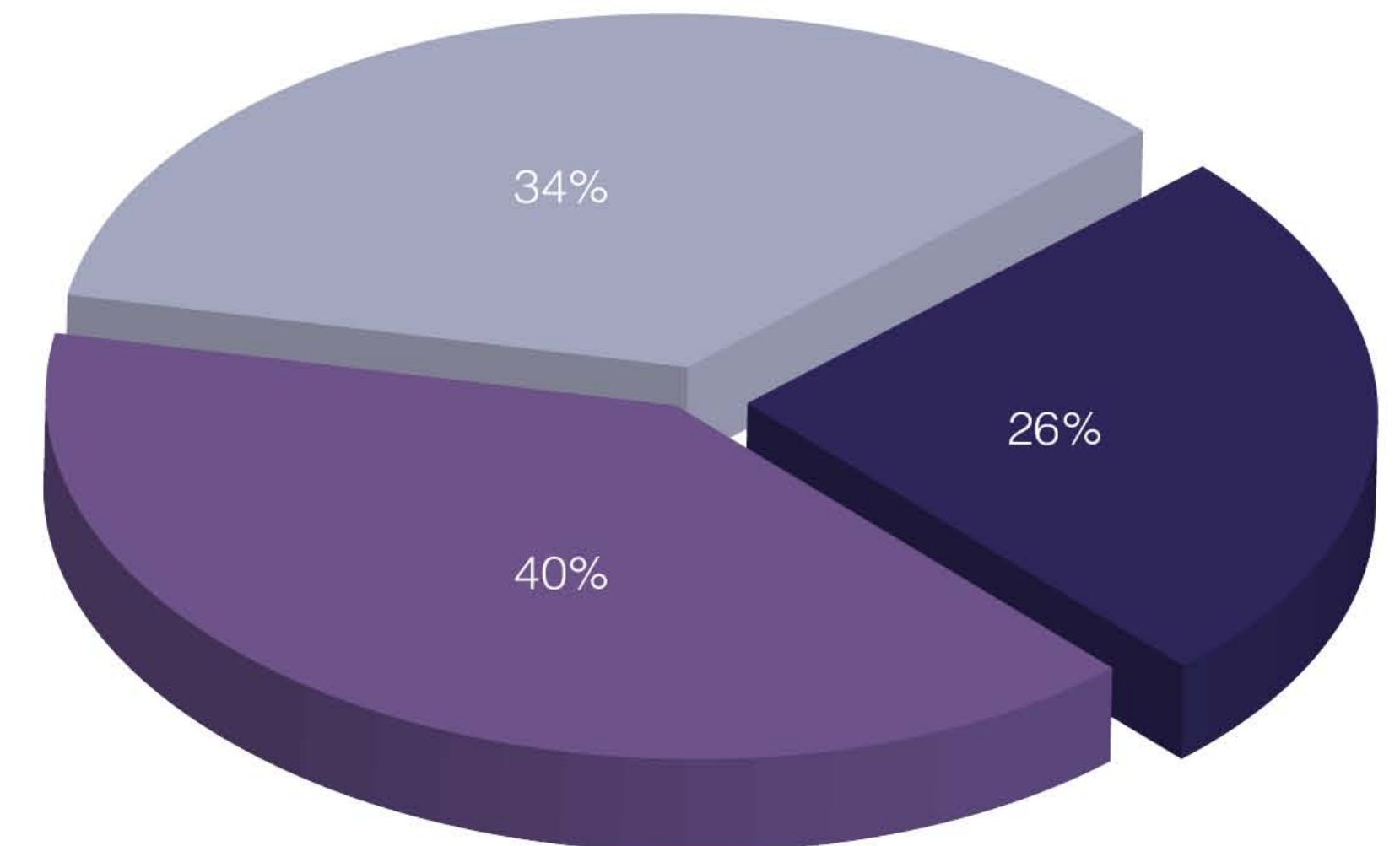
Years	2015		2016		2017	
Admitted	157	130 reg support	187	169 reg support	194	147 reg support
		27 One time visit **		17 One time visit **		9 One time visit **
		16 Distance Support ***		29 Distance Support ***		38 Distance Support ***
Not Admitted	49		56		105	
Total	222		271		299	

Patients Stratified by Disease Category (2017)



Days from referral to admission (2017)

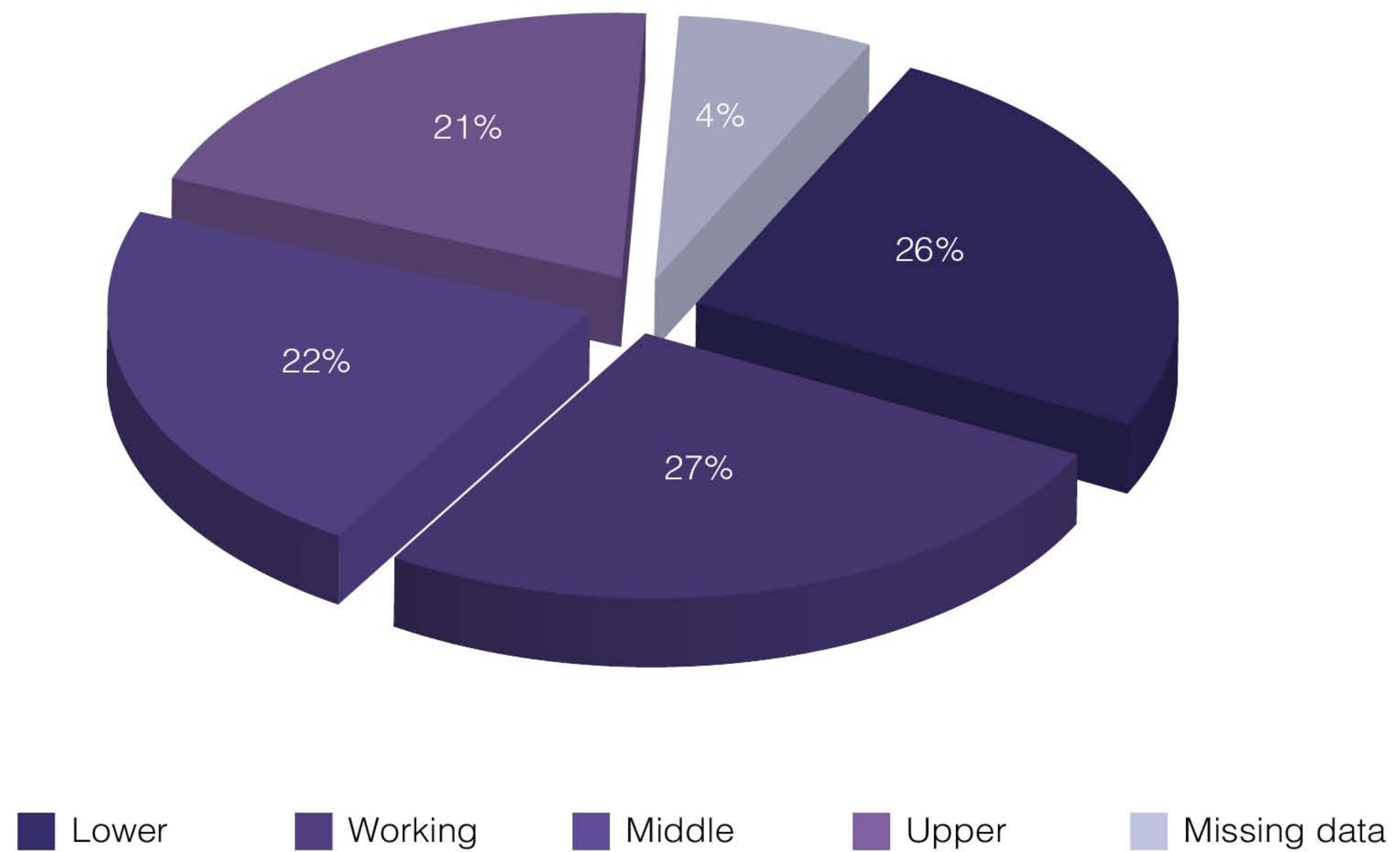
* For referrals from hospitals, the number of days was calculated from date of hospital discharge to the date of home visit



% Patients

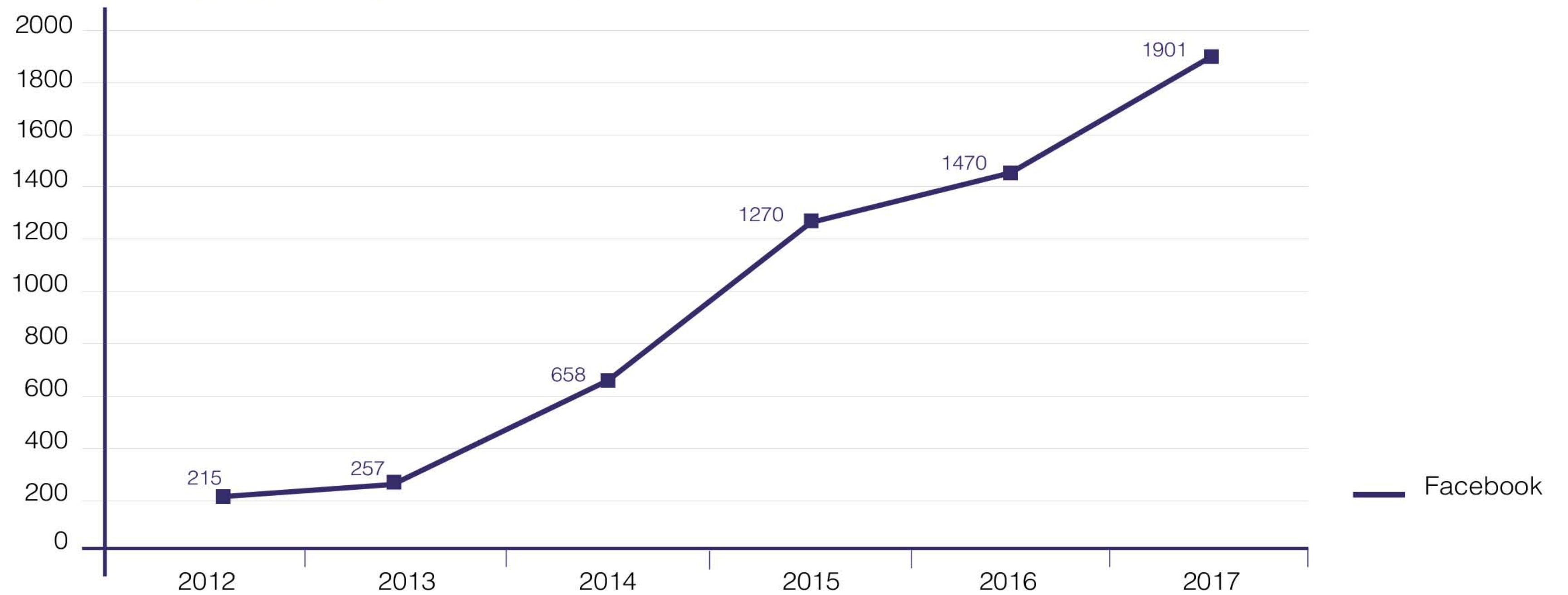
≤ 2 Days
 3 to 5 Days
 ≥ 6 Days

Patients Stratified by Socio-Economic Status (2017)



We have also been increasing our activity on social media. We have 315 followers of our Instagram account @Balsamlcpc, 458 followers of our Twitter account @Balsamlcpc, and Facebook likes for Balsam have been increasing since 2012.

Facebook (FB) likes (2012 - 2017)



SUPPORT BALSAM

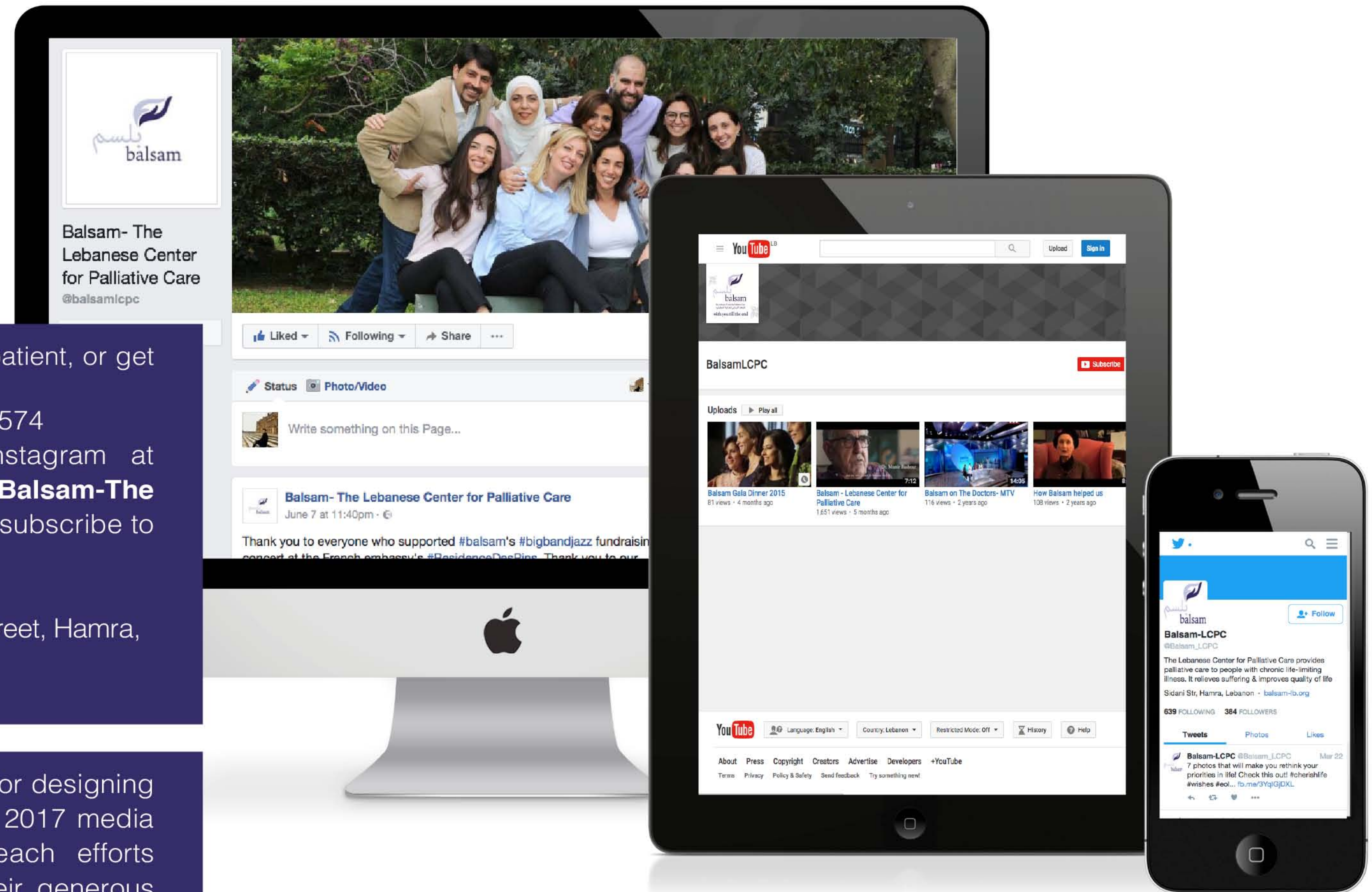
If you would like to support Balsam, refer a patient, or get additional information visit our website:

www.balsam-lb.org or contact us on: 01-748574

You can follow us on Twitter and Instagram at **BalsamLCPC**, like us on Facebook at **Balsam-The Lebanese Center for Palliative Care**, and subscribe to our Youtube channel **BalsamLCPC**

Address: Naufal Building, 2nd floor, Sourati Street, Hamra, Beirut, Lebanon

We would like to thank Colorcode Agency for designing our Annual Report as well as creating our 2017 media and communication graphics. Our outreach efforts would not have been possible without their generous in-kind support.



THANK YOU

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